Strategic Prevention Framework Newsletter

October 23, 2007

Recap Fall Conference on Substance Abuse/ Student Assistance Conference 2007 – Susannah Burt

Those of you who attended most likely saw and heard the phenomenal speakers. One of the keynote speakers was Ralph Hingson. He spoke on and identified Environmental Strategies for underage drinking. One of the most popular and entertaining breakouts, and special sessions was our own Steve Wright from R&R. He presented the 2006 and 2007 Parents Empowered media campaign to directors, commissioners and other attendees. Steve Wright and Steve James kicked off the Fall Conference at a dinner "show" the night before the official start of the conference. Kevin McCauley was also an excellent breakout presenter. He is now located in Utah at the Institute for Addiction Study. He spoke on the history of Narcotics and Utah's current course with opiods. One of our own dedicated coordinators was recognized for his efforts – Pat Bird! He received the Merlin F. Goode Prevention Services Award for his research with Energy Drinks and the EASY project. Way to go, Pat! I know some of you were on the planning committee. You all did a fantastic job! I am grateful that we have on our team.

Next year's conference should be in Northern Utah, and I am eager to go. I hope to see you all there too!

Prevention Professional Highlight – Jennifer Thomas

Jennifer Thomas is the prevention coordinator for FCCBH. She started with FCCBH in 2001 after graduating from University of Denver with a Masters in Social Work. At the urging of a persistent young man whom she shortly married, she returned to her hometown and began working at FCCBH. She started as a community planner. This was a fun job that allowed her to engage and build relationships with community partners. After the arrival of her first daughter she gave that up for the hopes of part-time employment as a mental health therapist. This worked for 18 months until her 2nd beautiful daughter arrived and in the depths of post-partum depression she agreed at the urging of Bob Greenberg, (FCCBH Executive Director) to take over the clinic supervisor position. Of course being a Mom was and is still a top priority so the flexibility of FCCBH became an asset. Her daughters have been bounced on the executive director's knee during administrative meetings and she honors Four Corners for allowing her the flexibility needed to make both jobs work. She is currently the clinic supervisor of the Emery County office, juggles a caseload of about 25 clients, supervises 12+ employees, and last year became the mother of another beautiful little girl. When everyone is tucked into bed at night, and paperwork is signed off on, she enjoys growing beautiful flowers, cooking, a great pedicure-and some sleep!

Strategic Prevention Framework Process

Step 3: Develop a comprehensive Strategic Plan.

<u>State Role:</u> Using data from the State needs assessment, SPF SIG grantees must develop a strategic plan that:

- o identifies the priorities that will be targeted in the State Strategic Prevention Framework,
- o articulates a vision for prevention activities to address critical needs,
- o includes key targets that the State has identified and that communities will address with SPF SIG funds,
- o describes necessary infrastructure development and the process for selecting evidence based policies, programs and practices to be implemented within the broader service system, and projects timelines for implementation,
- o identifies/coordinates/allocates resources and sources of funding for the plan,
- o identifies appropriate funding mechanism (s) to allocate resources to targeted communities,
- o identifies any training required
- o includes key policies and relationships among stakeholders,
- o involves public and private service systems in creating a seamless continuum of planning and services,
- o includes plans for sustaining the infrastructure and services that implemented,
- o allows for system improvement and accountability of all parties involved, and
- o includes plans for making adjustments, based on ongoing needs assessment activities.

Community Role: Sub-recipient communities must develop a strategic plan that articulates not only a vision for the prevention activities, but also strategies for organizing and implementing prevention efforts. The strategic plan must be based on documented needs, build on identified resources/strengths, set measurable objectives and include the performance measures and baseline data against which progress will be monitored. Plans must be adjusted as the result of ongoing needs assessment and monitoring activities. The issue of sustainability should be a constant throughout each step of planning and implementation and should lead to the creation of a long-term strategy to sustain policies, programs and practices.

The strategic plans must be data driven and focused on addressing the most critical needs in the State. The State Strategic Plan must be approved by the SAMHSA/CSAP Government Project Officer before implementation activities can begin.

Upcoming Events

October

31 CTC TOT Part 2; Marriott University Park

November

1-2 CTC TOT Part 2; Marriott University Park 8 Prevention Network Meeting; Davis County

Resources

WestCAPT - http://captus.samhsa.gov/western/western.cfm
Prevention Platform - http://www.preventionplatform.samhsa.gov
SAMHSA - http://www.samhsa.gov
DSAMH - http://dsamh.utah.gov

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